

For immediate release
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Contact:
Marie Cheek
Community Relations Coordinator
Culture and Heritage Museums
www.chmuseums.org
803/909-7244
mcheek@chmuseums.org

Get your 'vittles' on at the Museum of York County's "An Afternoon with Ronni Lundy"

ROCK HILL, SC – Award-winning cookbook author Ronni Lundy will be at the Museum of York County on Sept. 17 to share her expertise and affection for Appalachian foodways. "An Afternoon with Ronni Lundy" will include a silent auction, sumptuous food for guests and book signings; Lundy's books will be available for purchase.

Ronni Lundy's "Victuals: An Appalachian Journey with Recipes" received two James Beard Foundation book awards this year – first place award for American Cooking and also Book of the Year. "Victuals" (pronounced 'vittles') also received the International Association of Culinary Professionals' 2017 award for Best American Cookbook. Lundy's "Shuck Beans, Stack Cakes and Honest Fried Chicken: The Heart and Soul of Southern Country Kitchens" is one of Gourmet Magazine's top six essential books on southern cooking. Recipient of the 2009 Southern Foodways Alliance's Lifetime Achievement Award, Lundy has been a contributing writer for magazines such as Eating Well, Gourmet, Bon Appétit, and Esquire.

Ronni Lundy proclaims that "looking at the foodways of the southern mountains reveals a surprising history and promising future for the region and its people."

"An Afternoon with Ronni Lundy" - Sunday, Sept. 17 at 2 p.m.

Museum of York County is located at 4621 Mt. Gallant Rd, Rock Hill, SC 29732

\$30 General Admission • \$25 CHM Members

Tickets available online at <http://www.chmuseums.org/event/2270/> or call 803.981.9182

<http://www.ronnilundy.com/bios/ronni-lundy>

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